

## CHEMICAL RESTRAINT

**Note:** **Haloperidol** is not for use in pediatric (14 years or less), pregnant, or head injured patients.

1. **Indications:**
  - a. Patient is extremely agitated, violent, and/or combative. Efforts to calm and control the patient verbally and with light physical restraint are unsuccessful and there is a danger of injury to the patient, EMS personnel or bystanders.
2. **Procedure:**
  - a. After above attempts to calm and restrain the patient failed.
  - b. Consider **Midazolam**: Draw 0.2 mg/kg up to 10mg of 5mg/ml solution for delivery by atomizer device, ½ in each nostril, or 0.2 mg/kg up to 10mg I.M., or 0.1 mg/kg I.V up to 5 mg I.V. Administer slowly until patient calm, speech slightly slurred. Be prepared to support ventilation if needed

**OR**

  - c. Consider **Haloperidol** administration:
    - i. Usual dosage: 5-10 mg IM or 2-5mg I.V.
    - ii. Onset of action is 10 to 20 minutes IM or 5 to 10 minutes I.V.
  - d. **Contact Online Medical Control.**
    - i. Additional doses may be administered only after consultation with Online Medical Control.
3. Continue to monitor the patient. Physical restraint may still be necessary.
4. Transport to the appropriate hospital.
5. Pediatric kg. Weight estimation:  $10 + (2 \times \text{Age in years})$